

What did I learn during Module 2?

By Dr Alex Bradley Munamua

1. Better Working ethics – I learnt how to see patients in a different way as supposed to just treating them as a job.
2. Pre planning – I learnt and valued the importance on how much pre planning can have an impact on your surgery, this was when started doing Single Case Audit Reviews
3. Minimum standards of care of a patient – touch a patient, talk to a patient and wash your hands before and after a patient
4. External Fixation – going through external fixation and taking extra time understanding the principles of the application of its use. Practice makes perfect
5. Being part of a team – I learnt that assertiveness is good when situations require it but also being open and accepting when at fault. I also got to learn more about colleagues. Better teamwork requires better understanding and communication between each other
6. Do and review – I learnt that when you do something, you must follow up the results or delegate someone to do it.
7. Importance of Antibiotic Therapeutic Guidelines – we are now developing our own guidelines with microbiology evidence before giving antibiotics.

How will the things I learn change the way I practice Orthopedics in the Solomon Islands?

1. Working in a busy place like National referral Hospital with limited supervision can sometimes be dangerous and I know that the module has taught me how to practice SAFE medicine practice.
2. By using the Image Intensifier with all my ORIF's I can now be more accurate with my reduction and fixation to avoid re surgery.
3. By having an antibiotic guideline I will be more scientific in my practice preventing bacterial resistance and wastage of money in antibiotics.

What do I want to learn in the future?

1. I would like to do some courses in surgical approaches to hips and the pelvis.
2. I would still like to learn ultrasound skills in musculoskeletal especially the shoulder and rotator cuffs.

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